

# **CONSTITUTION & RULES AND REGULATIONS 2011**

## **THE CONSTITUTION** **OF THE NORTHAMPTON & DISTRICT CYCLING ASSOCIATION**

1. The name of this body, hereinafter called the Association, is the Northampton & District Cycling Association.
2. The purpose of the Association is to promote events in accordance with Rules and Regulations of the governing bodies in England and Wales, both for its member clubs and fully open competition together with the furtherance of the sport and pastime of cycling.
3. Any club affiliated to the Controlling Bodies for the sport in England and Wales shall be eligible for membership, subject to the Rules.
4. The management of the Association shall be vested in a Management Committee consisting of the President, Chairman, General Secretary, Racing Secretary, Points Recorder and Treasurer and such number of additional members as the Annual General Meeting shall from time to time determine.
5. The Annual Meeting shall have the power to make such rules for the conduct of the Association (to be termed the Association rules) and such rules for the conduct of events (to be termed the Racing Rules) as they may deem expedient, and amend or rescind the same from time to time. Such rules and racing rules shall bind all members of the Association.
6. This constitution may be amended only by a resolution submitted to the member clubs of the Association and of which at least twenty one days notice shall be given. Voting shall be by show of hands at a meeting called to consider the amendments and a majority of two-thirds of the delegates voting shall be required.

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## **THE RULES OF THE NORTHAMPTON & DISTRICT CYCLING ASSOCIATION,**

### **1. ELECTION OF MEMBERS**

Membership of the Association shall be open only to clubs within the following boundaries. The Counties of Bedfordshire, Northamptonshire, the old county of Huntingdon and in addition the following:-

- a) that part of Hertfordshire north of A505
- b) that part of Buckinghamshire and Oxfordshire north of a line between Great Gaddesden and Bicester and the B4100 between Bicester and Souldern on the Northamptonshire border.
- c) that part of Oxfordshire east of B4100, A4260 to Banbury, A361 to Daventry, culminating at the county boundary between Waddington and Chipping Warden.
- d) that part of Warwickshire, Leicestershire and Rutland east and south of A5, A4303, including bordering town of Lutterworth, A4304 (Kilsby, Cross in Hand, J20(M1), Market Harborough, Great Bowden, B664, A6003 to Uppingham. A6003, A47, A6121 to Stamford.

Except that existing member clubs outside the area so defined be allowed to retain and renew membership subject to the Rules (change of name permitted).

Each club desiring membership shall apply to the General Secretary and shall forward with such application the amount of the annual subscription. The Management Committee shall consider all applications and its decision shall be final. On the election of any club, there shall be forwarded to its General Secretary a copy of the Constitution and Rules of the Association.

### **2. FINANCIAL YEAR**

The Association's financial year shall commence on November 1st and end on October 31st.

### **3. SUBSCRIPTIONS**

The annual subscription shall become due on 1st November in respect of the ensuing year and shall be sent to the Association Treasurer. If any club shall fail to pay its subscription then its members will not be entitled to participate in Association Championships or to be awarded any Trophies until such subscription is paid. Where the subscription remains unpaid on 1st March the Management Committee shall have the power to remove the club from membership of the Association.

### **4. ASSOCIATION ANNUAL MEETING .**

The Association shall meet annually within three calendar months of the end of the financial year.

- (a) To receive the Annual Reports from the Officers and Management Committee.
- (b) To receive the Audited Balance Sheet and Statement of Accounts for the twelve months ending 31st October.
- (c) To elect a President, Chairman, General Secretary, Racing Secretary, Points Recorder, and Treasurer plus a Management Committee of Five Delegates. Officers and Committee to remain in office until the next Annual Meeting, but any officer or member of the Management Committee may be removed by a resolution at an Association Annual Meeting.
- (d) To elect delegates to the controlling bodies to which the Association is currently affiliated.
- (e) To elect Vice - Presidents.
- (f) To appoint an Auditor who shall not be a member of the Management Committee.
- (g) To transact any other business permitted by the Rules.
- (h) At least six weeks notice of the Annual Meeting shall be given and items for the agenda of such meetings must be received by the Secretary at least four weeks prior to the date of the meeting. Three copies of the agenda papers shall be sent to the Secretary of each affiliated club at least three weeks prior to the date of the meeting.

## **5. PROGRAMME OF EVENTS**

A programme of events for the following year including entry fees, prize values, courses, times of start shall be drawn up by the Management Committee who will allocate events as appropriate to individual clubs for promotion, and if a club declines to accept the allocation, the Annual General Meeting may prohibit that club members from participating in Association Championships and Awarding of Trophies for one or more years.

## **6. DELEGATES TO ANNUAL GENERAL MEETINGS,**

Each affiliated club shall be entitled to be represented by two delegates at every Annual and General Meeting of the Association. Any member of an affiliated club may also attend. Only the President, Vice-Presidents and Delegates are entitled to vote, except that the Chairman shall have the right of a casting vote.

## **7. ELECTION OF PRESIDENT AND VICE PRESIDENTS,**

A person having been elected to the office of President for three consecutive years shall not be eligible to seek re-election for a fourth consecutive year. Persons having been elected to the office of Vice-President shall hold such office until a proposition to the contrary is carried at an Annual Meeting.

## **8. A QUORUM,**

A quorum at any General or Annual Meeting shall consist of delegates from not less than one-third of the total number of clubs eligible to be represented. A quorum at any Management Committee Meeting shall consist of not less than one-half of the members eligible to attend.

## **9. MOTIONS BEFORE THE ASSOCIATION.**

A motion or amendment before a General or Annual Meeting of the Association shall be declared carried when supported by a simple majority of votes cast except that;-

A motion to recommend the amendment of the constitution or for the making of new or the alteration or rescission of existing Rules and Racing Rules shall appear on the agenda paper of the Annual Meeting and shall be required to have the support of not less than two-thirds of those present and eligible to vote.

A motion before the Management Committee shall be declared carried when supported by a simple majority of votes cast.

## **10. MANAGEMENT COMMITTEE MEETINGS**

The Management Committee shall meet as often as business demands and shall have the power to administer the Association and decide on matters not provided for in the Rules. The chairman shall at all times have the right of a casting vote. The Management Committee has full authority to manage. Any objection to a decision of the Management Committee to be placed on the agenda of the next Annual Meeting.

## **11. SPECIAL GENERAL MEETINGS**

A Special General Meeting may be called;-

- (a) by the Management Committee. or,
- (b) by written request to the Secretary of not less than one-third of the total member clubs.

At least four weeks notice must be given by the Secretary of such a General Meeting. Three copies of the agenda papers shall be sent to the Secretary of each affiliated club at least two weeks prior to the date of the meeting.

## **RACING RULES OF THE NORTHAMPTON & DISTRICT CYCLING ASSOCIATION**

## **1. CONDUCT OF EVENTS**

All Road Time Trials shall be run in accordance with the rules and regulations of Cycling Time Trials

## **2. COMPETITORS CLUB**

All competitors must enter and ride in the name of their first-claim club. Only those times and distances of Affiliated Clubs members are eligible for the Individual and Team championships.

## **3. ASSOCIATION AWARDS**

Association Awards and Certificates shall be awarded to the following Individual and Team winners;-  
The first three in the Overall, Ladies, Juniors, Juveniles, Veterans and Short Distance Time Trial Series Championship. To the leading Club Team in the Overall, Ladies, Junior and Juvenile Time Trial Series. All persons and teams completing the Time Trial series shall be awarded the appropriate certificates.

## **4. PRIZE VALUES**

Prize winners may express a preference for an award or make a cash claim in respect of a prize or prizes. Prizes must be claimed in the year of the event. (Management Committee have ruled that it is no longer practical to present an award for less than £5.00). A sum of money may be allocated each year if needed towards the prize values issued in the Tourist Trial. (The amount to be agreed by the Management Committee in consultation with the Event Organiser).

## **5. TROPHIES**

The Association Trophies shall be for perpetual competition, not to be won outright.

## **6. INDIVIDUAL CHAMPIONSHIPS**

The Individual Championships shall be for the following classes: -

1. N & DCA Time Trial Series Champion
2. N & DCA Short Distance Champion
3. N & DCA Ladies Champion
4. N & DCA Junior Champion
5. N & DCA Juvenile Champion
6. N & DCA Veterans Champion

The qualifying rides must be completed in events promoted by the Association, or if the Association is not promoting sufficient events in each category, in any event nominated by the Management Committee and subsequently approved by the Annual General Meeting.

### **N & DCA Time Trial Series Champion**

All categories of individual riders are eligible to compete in this competition.

The competition will consist of ten events over a distance of up to 35 miles. Five of these will be Short Distance Events (under 17.5 miles) and five will be Medium Distance events (17.5 miles to 35 miles)

The events can be over a standard or non-standard distance and can include out and home and circuit events.

One hundred (100) points will be awarded to the highest placed Association Rider, ninety nine (99) points for the second highest placed Association Rider etc., down to the last Association Rider.

A rider's highest points obtained from three Short Distance and three Medium Distance events will count towards the Championship.

### **N & DCA Short Distance Champion**

All categories of individual riders are eligible to compete in this competition.

The competition will consist of five Short Distance Events (under 17.5 miles).

The events can be over a standard or non-standard distance and can include out and home and circuit events.

One hundred (100) points will be awarded to the highest placed Association Rider, ninety nine (99) points for the second highest placed Association Rider etc., down to the last Association Rider.

A rider's highest points obtained from four Short Distance events will count towards the Championship.

### **N & DCA Ladies Champion**

All Lady riders shall be eligible for this competition.

The competition will consist of ten events over a distance of up to 35 miles. Five of these will be Short Distance Events (under 17.5 miles) and five will be Medium Distance events (17.5 miles to 35 miles)

The events can be over a standard or non-standard distance and can include out and home and circuit events.

Twenty (20) points will be awarded to the highest placed Association Lady Rider, nineteen (19) points for the second highest placed Association Lady Rider etc., down to the last Association Lady Rider.

A rider's highest points obtained from three Short Distance and three Medium Distance events will count towards the Championship.

### **N & DCA Junior Champion**

All Junior riders shall be eligible for this competition.

The competition will consist of ten events over a distance of up to 35 miles. Five of these will be Short Distance Events (under 17.5 miles) and five will be Medium Distance events (17.5 miles to 35 miles)

The events can be over a standard or non-standard distance and can include out and home and circuit events.

Ten (10) points will be awarded to the highest placed Association Junior Rider, nine (9) points for the second highest placed Association Junior Rider etc., down to the last Association Junior Rider.

A rider's highest points obtained from three Short Distance and three Medium Distance events will count towards the Championship.

### **N & D C A Juvenile Champion**

All Juvenile riders are eligible to compete in this competition.

The competition will consist of five Short Distance Events (under 17.5 miles).

The events can be over a standard or non-standard distance and can include out and home and circuit events.

Ten (10) points will be awarded to the highest placed Association Juvenile Rider, nine (9) points for the second highest placed Association Juvenile Rider etc., down to the last Association Juvenile Rider.

A rider's highest points obtained from three Short Distance events will count towards the Championship.

### **N & DCA Veterans Champion**

The Veterans Individual Championship shall be for riders of 40 years and over and shall be run in

accordance with V.T.T.A. Rules and calculated on "Age Standard".

The competition will consist of ten events over a distance of up to 35 miles. Five of these will be Short Distance Events (under 17.5 miles) and five will be Medium Distance events (17.5 miles to 35 miles)

The events can be over a standard or non-standard distance and can include out and home and circuit events.

One hundred (100) points will be awarded to the highest placed Association Rider, ninety nine (99) points for the second highest placed Association Rider etc., down to the last Association Rider.

A rider's highest points obtained from three Short Distance and three Medium Distance events will count towards the Championship.

## **7. TEAM CHAMPIONSHIPS**

The Team Championships are run in conjunction with the Association Individual Championships and shall be in respect of the following classes: -

1. N & DCA Overall Team Champions
2. N & DCA Ladies Team Champions
3. N & DCA Junior Team Champions
4. N & DCA Juvenile Team Champions

The qualifying rides must be completed in events promoted by the Association, or in the event of the Association not promoting sufficient events in each category, in any event nominated by the Management Committee and subsequently approved by the Annual General Meeting.

The Overall Team Champions shall be the Club with the highest points score from twenty-one rides. To be eligible a Club's members must have at least twenty-one rides in Association Events. This can be any combination of member rides (i.e. one ride each by twenty-one club members, or ten rides each by two club members and one ride by a third member)

The Ladies and Junior Team Champions, shall each respectively, be the Club with the highest points score from eleven rides. To be eligible a Club's Ladies or Junior members must have at least eleven rides in Association Events. This can be any combination of member rides (i.e. one ride each by eleven club members, or ten rides by one club member and one ride by a second member)

The Juvenile Team Champions shall be the club with the highest points score from six rides. To be eligible a Clubs Juvenile members must have at least six rides in Association Short Distance Events. This can be any combination of member rides (i.e. one ride by six club members, or five rides by one club member and one ride by a second member.

## **8. DESIGNATION OF 12 Hour TIME TRIAL**

The Annual General Meeting shall designate an open 12 hour time trial as an Association Event for the purpose of awarding the 'Irthlingborough Cup' and the 'Memorial Shield' in the following year.

## **9. PROMOTION OF EVENTS**

The Association Management Committee shall have the power to allocate the promotion of a time trial in the following year to a specific club and if that club declines to accept the allocation, the Annual General meeting may prohibit that club from participating in Association Championships and Awarding of Trophies for one or more years.